

# 767 - The Use of Small Animal Models to Study the Effects of Aging and Ovarian Failure on the Levator Ani & External Anal Sphincter: A Systematic Review

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#### **INTRODUCTION**

Small animals are commonly used to model the effects of menopause on the pelvic floor, although the extent to which the impacts of aging and ovarian failure on the pelvic floor muscles have been characterized in small animals is unknown.

In this systematic review, we aimed to determine how aging and ovarian failure...

- 1. ...have been modeled in small animals to examine the changes in the levator ani (LAM) and external anal sphincter (EAS).
- 2. ...impact the composition, structure and function of the LAMs and EAS.

| Table 1. PECO Criteria |  |  |  |  |
|------------------------|--|--|--|--|
| Population             | Female rodents/lagomorphs  |  |  |  |
| Exposure               | Aging (16/24 mths) or Ovarian Failure (e.g., ovariectomy)                      |  |  |  |
| Comparator             | Young or reproductively intact   |  |  |  |
| Outcomes               | External Urethral Sphincter,<br>LAM, EAS composition,<br>structure or function |  |  |  |

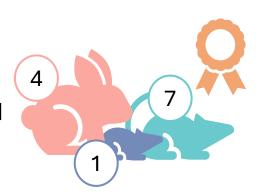
#### PROSPERO ID: CRD42002350979 **METHODS** = Performed in duplicate by two independent reviewers **Data Extraction** Publication + PECO LAM/EAS **Full Texts Studies Abstracts** Search Retrieved Retained Reviewed **Studies** Screened **Risk of Bias Strategies** n = 10163 n = 36n = 221n = 12n = 5661 SYRCLE RoB Tool [1] **Based on PECO** MEDLINE, Embase, Web of Science **Narrative Synthesis** and Cochrane Irrelevant, n = 5440(Insufficient homogeneity **Duplicates** Excluded External Urethral Sphincter Studies Central Register of in study design for Retained for Separate Analysis n = 4501n = 185**Controlled Trials** meta-analysis) n = 24Ongoing Studies, n = 5

### **FINDINGS**

Rats were the most common species studied

#### EAS in 3 studies LAM in 11 studies

- Unspecifed, n = 1
- Pubocaudalis, n = 11
- Pubocaudalis and Iliocaudalis, n = 2



Ovariectomy (OVX) in young animals was the most common intervention, with only one aging study and one study that combined aging and ovariectomy.

Outcomes were dependent on species. Compared with shams, OVX rats showed larger muscle fibers [X,X] while OVX rabbits showed no differences [X,X].

Only one study included both aging and ovariectomy. The impact of OVX on isomyosin I and CDKI [6] differed between younger and older rats

The risk of bias assessment was inconclusive due to a lack of descriptive information provided regarding study protocols.

- Articles best characterize the effects of OVX on the LAMs.
- Estrogen depletion alters LAM composition and structure, which may contribute to altered function.
- Protocol and outcome heterogeneity precluded meta-analysis.
- Knowledge gaps remain, especially regarding the effects of aging.

## **Table 2. Impact of Aging or Ovariectomy** on Reported Outcome Measures

| Measures    |                                | LAM                       |          | EAS      |          |
|-------------|--------------------------------|---------------------------|----------|----------|----------|
|             |                                | OVX                       | Age      | OVX      | Age      |
| Composition | α & β Estrogen Receptors       | <b>↑</b>                  |          |          |          |
|             | G-Protein Estrogen<br>Receptor | ND                        |          |          |          |
|             | Aromatase                      | <b>↑</b>                  |          |          |          |
|             | Malondialdehyde                | <b>↑</b>                  |          |          |          |
|             | GLUT4 Transporter              | <b>↑</b>                  |          |          |          |
|             | Muscle Glycogen                | ND,?                      |          |          |          |
|             | Isomyosin I                    | ↑/ND                      | <b>↑</b> | <b>↑</b> | <b>1</b> |
|             | CDKI – p27kip1                 | ↑/ND, ↑                   | <b>↑</b> | ↑,↑      | <b>1</b> |
| Structure   | Z-Bands                        | ?                         |          |          |          |
|             | Vacuole Density                | ?                         |          |          |          |
|             | Mitochondria                   | ?                         |          |          |          |
|             | Peripheral Nuclei Count        | <b>↑</b>                  |          |          |          |
|             | CSA- to –Myonuclei Ratio       | <b>↑</b>                  |          |          |          |
|             | Fiber CSA                      | ↑/ND, ND, ↑, ND           |          |          | <b>1</b> |
|             | Fiber Size Distribution        | ↑/ND, ND, ↑               |          |          | ND       |
|             | Fractional Area                |                           |          |          | ND       |
|             | Length                         | ND                        |          |          |          |
|             | Width                          | ND                        |          |          | <b>1</b> |
|             | Muscle CSA                     |                           |          |          |          |
|             | Muscle Weight                  | ND (Wet), ↓ (fixed)       |          |          |          |
| Function    | Contractile Tension            | √(Normoxic), ND (Hypoxic) |          |          |          |
|             | Power Spectral Density         |                           |          |          |          |
|             | Mean Power                     |                           |          |          |          |
|             | Median of Frequencies          | ↑ (Voiding), ND (Storage) |          |          |          |

Age = aging exposure; CDKI = Cyclin-Dependent Kinase Inhibitor; CSA = Cross-Sectional Area; GLUT4 – Glucose Transporter Type 4; ND = No difference between groups; OVX = ovariectomy;  $\uparrow = OVX$  or older age was > than sham; / = ovariectomypubocaudalis and iliocaudalis were evaluated separately in the same article; ? = insufficient reporting of results in text

#### REFERENCES

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