

# W7: Preclinical Urodynamics - Optimisation of Techniques, Measurements and Interpretation

Workshop Chair: Matthew O. Fraser, United States 13 September 2016 11:00 - 12:30

Start	End	Topic	Speakers
11:00	11:20	Lower Urinary Tract Physiology and Considerations for	Matthew O. Fraser
		Urodynamic Study	
11:20	11:30	Questions	Matthew O. Fraser
11:30	11:50	Multichannel Urodynamics in Rodents	Phillip P. Smith
11:50	12:00	Questions	Phillip P. Smith
12:00	12:20	Pros and Cons of Anesthetized, Conscious and Decerebrate	Mitsuharu Yoshiyama
		Preparations	
12:20	12:30	Questions	Mitsuharu Yoshiyama

# Aims of course/workshop

This workshop will provide the physiological background and methodological considerations for urodynamic best practices in the preclinical setting. A better understanding of the underlying physiological principles will enable the participant to better chose the best assays for their purposes and the proper interpretation of the data. The strengths and weaknesses of various approaches will be explained by experts in the field, thereby enabling the participating basic and/or translational science researcher to maximize the quality of the information gathered from their preclinical urodynamic study designs and efforts. Proper interpretation of measurements and results will also be emphasized.

# **Learning Objectives**

After this workshop participants should be able:

- 1. To understand the mechanics of lower urinary tract function
- 2. To understand the effects of different methodological approaches on proper interpretation
- 3. To provide the delegates with the conceptual tools to properly interpret previous results and to design future experiments

# **Learning Outcomes**

In brief, this workshop will educate the delegates in both proper methodological design and subsequent interpretation of results, with emphasis on clinical correlates and translation. Attendees of this workshop will be further empowered to interpret basic science results in the context of their scientific and clinical interests.

# **Target Audience**

Basic and translational researchers wishing to utilize or improve rodent urodynamics for understanding lower urinary tract physiology and pathophysiology. Particularly important for those interested in therapeutic development and model comparisons

# **Advanced/Basic**

Advanced

# **Conditions for learning**

This is a lecture course with expectations of discussion

# **Suggested Reading**

- Yoshiyama M, deGroat WC, Fraser MO. Influences of external urethral sphincter relaxation induced by alpha-bungarotoxin, a neuromuscular junction blocking agent, on voiding dysfunction in the rat with spinal cord injury. Urology. 2000 Jun; 55(6):956-60
- Yang Z, Dolber PC, Fraser MO. Diabetic urethropathy compounds the effects of diabetic cystopathy. J Urol. 2007 Nov; 178(5):2213-219.
- Sorge RE, et al., Nature Methods 11: 629-632 (2014)
- Yoshiyama M, et al., American Journal of Physiology Renal Physiology 304: F390-F396 (2013)
- Yoshiyama M, et al., European Journal of Pharmacology 264: 417-425 (1994)
- Smith PP, Hurtado E, Smith CP, Boone TB, Somogyi GT. Comparison of cystometric methods in female rats. Neurourol Urodyn 2008;27:324-9.
- Smith PP, Kuchel GA. Continuous uroflow cystometry in the urethane-anesthetized mouse. Neurourol Urodyn 2010;29:1344-9

# **Matthew Fraser**

Recent critiques of the use of urodynamics in animals for the preclinical development of therapeutics directed toward lower urinary tract dysfunctions have included claims that such studies are not translatable. Unfortunately, as performed and interpreted for decades in the majority of published reports, this is largely a valid critique - but generally not for the reasons that the critics believe. Rather, the issue of translatability stems more from the fact that classical physiological principles have not been embraced and included in the design of experiments or the interpretation of the results. In this session, classical physiological concepts will be applied to the measurement of lower urinary tract behavior during cystometric evaluation, and compared to those that currently drive research design and interpretation. Methodological and model specific considerations will be discussed in the context of the information that may be gained and that which may not be gained from different approaches. Common misconceptions and misinterpretations will be described. Additionally, novel insights in LUT physiology will be described and their impact on interpretation of urodynamic results discussed. Attendees of this workshop will be further empowered to properly interpret the basic science results published from any laboratory in the context of their scientific and clinical interests.

# **Phillip Smith**

Multichannel Urodynamics in Rodents Urodynamic assessment includes measurements of urine storage volumes and pressure, and voiding expulsive pressures, volumes and flow rates. Clinical urodynamics distinguishes pressures attributable to the bladder wall (e.g. detrusor contraction) from those due to extrinsic pressures transmitted across the bladder wall (e.g. intra-abdominal abdominal pressure). Urine collection methods allow clinically sufficient precision to determine voided volumes and flow rates. Rat and Mouse urinary performance differ from human physiology in several important ways, including increasing pressure with filling, a necessity of abdominal wall contraction during voiding, and small voided volumes. For a full urodynamic assessment of Rat and Mouse lower urinary tract performance, techniques of multi-channel pressure/flow urodynamics and their interpretations must be adapted to these rodent systems. Some suggestions about how to address these concerns will be presented and discussion will be encouraged.

# Mitsuharu Yoshiyama

Pros and Cons of Anesthetized, Conscious and Decerebrate Preparations Urodynamic studies in animals are commonly performed under either anesthetized or conscious conditions. Each of these preparations provides us with a different experimental state, which either represents reflex activity (anesthetized) or a behavioral response (conscious). This, by itself, is an important consideration regarding the suitability of these approaches for urodynamic study. Moreover, any anesthetic, as a neuroactive chemical, is likely to interfere/interact with both the normal physiology and the effects of any therapeutic approach (drug or device) that may be tested during an experiment. Awake animals, on the other hand, are easily affected by ambient circumstances and even individual experimenters. An alternative approach, precollicular decerebration (performed under inhaled anesthesia from which recovery is rapid), in which the reflex micturition circuit is preserved, can also be employed. This approach allows us to evaluate the reflex activity of an animal under unanesthetized conditions. This workshop will comprehensively discuss the pros and cons of anesthetized, conscious, and decerebrate unanesthetized animal preparations. Furthermore, expertise of the decerebration technique will be shared with all participants, so that they may add this approach to their preclinical urodynamic repertoire.





# Lower Urinary Tract Physiology and Considerations for Urodynamic Study

# Matthew O. Fraser, Ph.D.

W7 Preclinical Urodynamics - Optimisation of Techniques, Measurements and Interpretation

> ICS 2016, Tokyo, Japan September 13, 2016

# **Outline**

- · Functional Anatomy of the Lower Urinary Tract
  - Gross Anatomy
  - Smooth Muscle Layers
  - Functional Compartmentalization
  - Neural Control
  - Non-neuronal Interactions
- Cystometric Measurement of the Lower Urinary Tract
  - The Micturition Cycle
  - Open Cystometry
  - Closed Outlet
- Conclusions

Funding for speaker to attend:

Grants - Astellas, Medtronic, Pfizer

Consulting - Synergy Pharma, InVivo Pharma

Affiliations to disclose:

SAB - Amphora Medical

X Self-funded

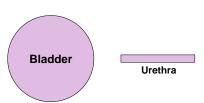
Institution (non-industry) funded

Sponsored by:

# Functional Anatomy of the Lower Urinary Tract Gross Anatomy

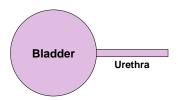
# A Simplified Approach

· Lower Urinary Tract Anatomy - Sphere and tube models



# Functional Anatomy of the Lower Urinary Tract

**Gross Anatomy** 

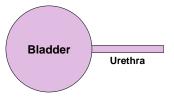


Many mathematical models assumed isotropy, homogeneity and incompressibility of bladder (and urethral) smooth muscle materials.

Many also treat the bladders as spheres and the urethras as tubes. It allows for simple mathematical models to attempt description of observed responses.

# **Functional Anatomy of the Lower Urinary Tract**

Gross Anatomy



As with all other aspects of life, however, nothing is ever as simple as we might like.

The Lower Urinary Tract is no exception ...

# **Functional Anatomy of the Lower Urinary Tract**

Smooth Muscle Layers

# · Bladder Smooth Muscle Anatomy

- Variably Defined as having 1 layer with intermeshed multioriented muscle fibers to 3 somewhat defined layers (inner + outer longitudinal and middle circular)
  - · Depends on species, investigator and region examined



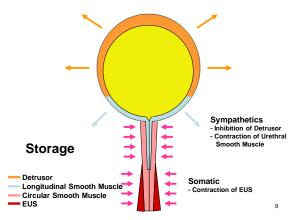
- Many agree that orientations become more distinct as approach the urethra, especially the longitudinal smooth muscle systems
- Further, that the inner longitudinal layer continues into the urethra - 1 organ, not 2!
  - Described as extending to mid-urethra or even more
  - Not 2 organs, but 1 the Vesicourethral muscularis

# **Functional Anatomy of the Lower Urinary Tract**

**Functional Compartmentalization** 

# · Bladder Smooth Muscle Anatomy

- The bladder demonstrates functional compartmentalization depending on the role at the time.
  - During filling, it is at least a 2 compartment system, the bladder base and dome (open lumen) and the urethra (closed lumen)



# **Functional Anatomy of the Lower Urinary Tract**

**Functional Compartmentalization** 

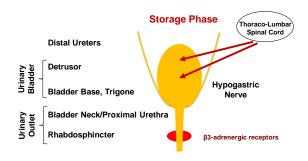
# · Bladder Smooth Muscle Anatomy

- The bladder demonstrates functional compartmentalization depending on the role at the time.
  - During filling, it is at least a 2 compartment system, the bladder base and dome (open lumen) and the urethra (closed lumen)
     Upon micturition, it becomes a 1 compartment system with a single

# Micturition Detrusor **Longitudinal Smooth Muscle** Circular Smooth Muscle

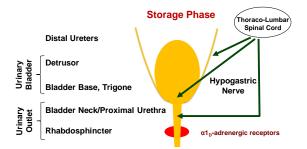
# **Functional Anatomy of the Lower Urinary Tract**

**Neural Control** 



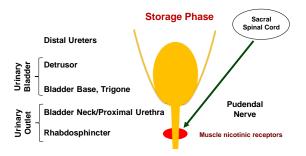
# **Functional Anatomy of the Lower Urinary Tract**

**Neural Control** 



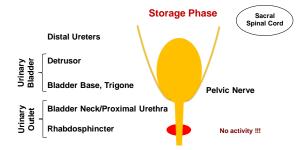
# **Functional Anatomy of the Lower Urinary Tract**

Neural Control



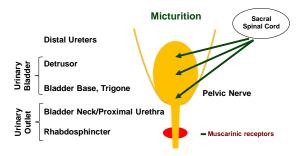
# **Functional Anatomy of the Lower Urinary Tract**

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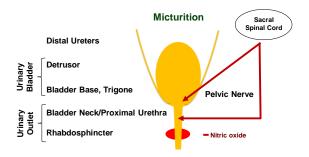
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Neural Control



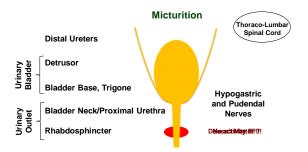
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**Neural Control** 

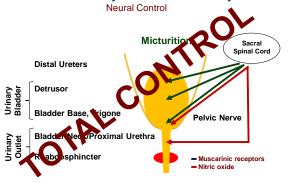


# **Functional Anatomy of the Lower Urinary Tract**

**Neural Control** 



# **Functional Anatomy of the Lower Urinary Tract**

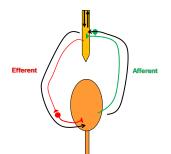


# **Functional Anatomy of the Lower Urinary Tract**

Non-neuronal Interactions

- As with all things, nothing is that easy. Other important factors include
  - Extracellular matrix
  - Non-neural signaling cells
  - Interactions of the whole with local and distant neuronal circuitry

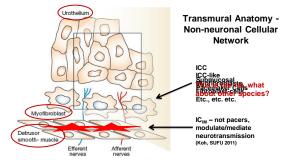
# Functional Anatomy of the Lower Urinary Tract Non-neuronal Interactions



**Traditional View** 

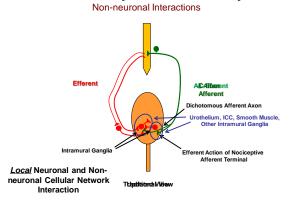
# **Functional Anatomy of the Lower Urinary Tract**

Non-neuronal Interactions



Birder and de Groat. 2007. Nat Clin Pract Urol. 4:46-54.

# **Functional Anatomy of the Lower Urinary Tract**

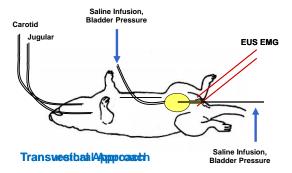


# **Outline**

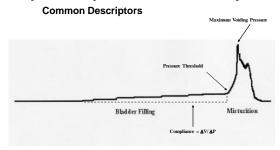
- · Functional Anatomy of the Lower Urinary Tract
  - Gross Anatomy
  - Smooth Muscle Layers
  - Functional Compartmentalization
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  - The Micturition Cycle
  - Open Cystometry
  - Closed Outlet
- Conclusions

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# **Open Cystometry Protocol**

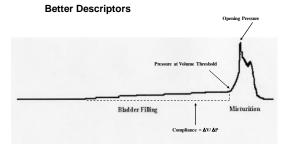


# **Cystometry - The Micturition Cycle**



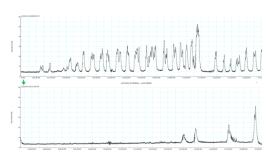
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# **Cystometry - The Micturition Cycle**



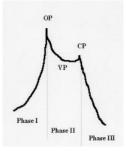
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# Where is Pressure Threshold?



Cystometric traces during conscious, restrained cystometry in a chronic SCI rat – The top trace is from the vehicle control period, while the bottom trace is from the period following 100  $\mu$ g/kg of CL-316,243.

# What is Maximal Voiding Pressure?



Conclusions about the actual voiding contraction are not so straightforward.

Need to understand the anatomy of the voiding contraction:

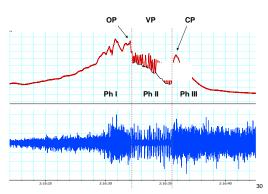
<u>Phase I</u> – Isovolumetric Contraction <u>Phase II</u> – Entire LUT open to external environment during peak detrusor contraction

Phase III - Isovolumetric Relaxation

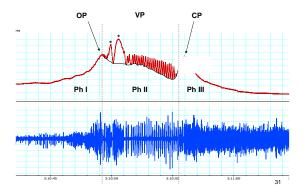
Pressure-Flow relationships can be explored

Different Phases first defined by Maggi et al, 1986

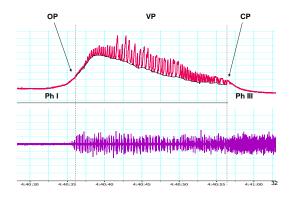
# **Easy Bladder Contraction**



# Ambiguous Bladder Contraction - Tonic EUS gives False OP\*



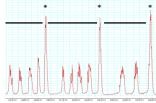
# Ambiguous Bladder Contraction - "Missing" OP



**Response to Drugs** 

# What is Bladder Capacity

# Continuous vs. Single Fill Cystometry



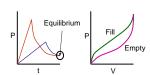
- Continuous open cystometry is the current method of choice by many
- infusion flow rate x ICI or IMI However, it often underestimates true bladder capacity (TBC), which is best
- determined by single fill cystometrograms
  By combining the approaches, as shown above, one can determine voiding efficiency easily by the equation: %VE = mean FBC/TBC x 100

# Allows for the determination of functional bladder capacity (FBC), as defined as

# FBC decreases with atropine TBC increases !!! Decreased FBC due to decreased voiding efficiency. If had only performed continuous open cystometry, might misinterpret effect as mild irritation or sensitization reflex voiding !!!

# Response of the Bladder to Filling: **Biomechanical Considerations**

- Rate dependency slow strain causes lesser increase in force than fast strain - or - rapid filling results in decreased compliance
- Time dependency It takes longer to reach equilibrium pressure if strain is faster
- Hysteresis the pressure-volume relationship (force curve) is different - Viscoelasticity!



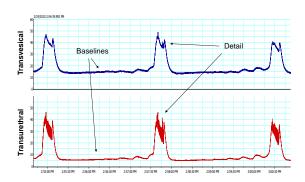
Flow rate affects the compliance measurements!

35 Coolsaet 1985

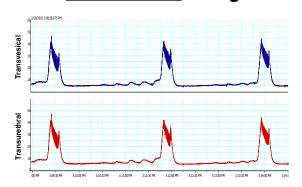
# Response of the Bladder to Filling: **Measurement System Considerations**

- · Flow rates matter not only to tissue biomechanics, but also to recordings
  - Resistance of the filling and recording catheter affects the pressure baseline as well as the fidelity of recording during filling
  - Effects become worse with increased fill rate

# **Transvesical Filling**



# **Transureteral** Filling



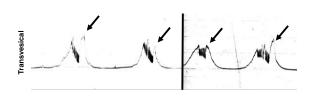
# Response of the Bladder to Filling: Measurement System Considerations

- Placement of catheters may affect dynamic active measurements
  - The top-down contraction of the dome may occlude the catheter tip in transvesical filling and recording

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# **Transvesical Filling**

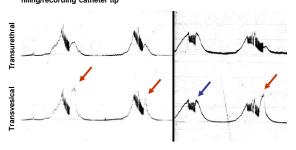
Traces are from transvesical double-lumen catheters with a static internal lumen for pressure recording.



**Arrows Point to Apparent Closing Pressures** 

# Transvesical Filling – False CP

False closing pressures (red arrows) may be due to bladder contraction from top-down, creating transient seal around transvesical filling/recording catheter tip

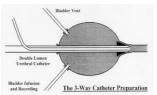


# **Cystometric Evaluation** of Lower Urinary Tract Function

- Cystometric techniques in animals
  - Closed outlet cystometry
    - Traditional
      - Single filling cystometrograms
      - Isovolumetric recordings
      - Combined closed methods (closed outlet single fill cystometrogram to trigger volumes followed by isovolumetric)
    - Simultaneous bladder and urethral recording
      - Open cystometry with urethral pressure measurement
      - Isolated bladder-urethra preparations
        - » Closed cystometry
        - » Open cystometry with vent catheter

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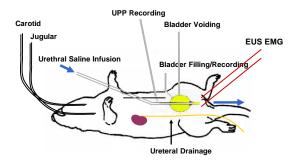
### Simultaneous Isolated Bladder and Urethra



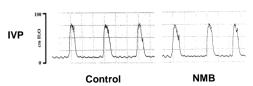
- Fraser MO, Flood HD, de Groat WC, 1995, *Journal of Urology*, 153: 461A.
- Jung SY, Fraser MO, et al., 1999, Journal of Urology, 162: 204.
   Kakizaki H, Fraser MO, de Groat
- Kakizaki H, Fraser MO, de Groa WC, 1997, American Journal of Physiology, 272: R1647.



# Rat UPP (3-Way System)

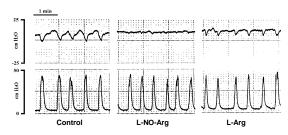


# Isovolumetric IVP and UPP



- Allows for pharmacological dissection of Active State players in the physiology of LUT function – External Urethral Sphincter contribution
- Note no change in the dynamic active responses of the bladder to isovolumetric conditions (constant volume distension)

# **NO-Mediated Relaxation**



- Allows for pharmacological dissection of active players in the physiology of LUT function – Parasympathetic NO relaxation of urethral smooth muscle.
- Note no change in the dynamic active responses of the bladder to isovolumetric conditions (constant volume distension)

# **Outline**

- Functional Anatomy of the Lower Urinary Tract
  - Gross Anatomy
  - Smooth Muscle Layers
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  - Closed Outlet
- · Conclusions

# **Conclusions**

- LUT anatomy is not as simple as a sphere and tube
- Many of the measurements used in the literature are either incorrect or less than optimal
- Studying physiologically isolated components of the LUT provides a better understanding of the effects of treatments or disease

End

# Preclinical Urodynamics: Multichannel Urodynamics in Rodents



### Phillip P. Smith MD

Associate Professor of Surgery Research Associate, Center on Aging Associate, CT Institute on Brain and Cognitive Science

### Presented by

### George A. Kuchel MD

Professor of Medicine Citicorp Chair in Geriatrics and Gerontology Director, UConn Center on Aging Chief, Division of Geriatric Medicine

University of Connecticut College of Medicine

Farmington CT USA

# George A. Kuchel (for Phillip P. Smith)



# Affiliations to disclose†:

None for author None for presenter/speaker

Funding for speaker to attend:

X Self-funded

Institution (non-industry) funded

Sponsored by:

# **CYSTOMETRY**

# Functional assessment of

# Bladder

- Store urine
- Generate expulsive pressure
- Signal content to CNS

# And/or

# Urethra

- Closure characteristics
- Distensibility/flow characteristics

# **GOALS**

# Fundamental functional features of LUT are:

- urine storage
- urine expulsion
- generation of sensory information about content

### Tools to measure:

- Pressures
- Volumes
- Flow rates (dP/dt)
- (EMG, nerve recordings, brain imaging, fluoro)

# **PRINCIPLES**

# Pressure

total intravesical detrusor-generated

# Volumes

voided volume

post-void residual volume

# Flow rate

average vs peak pattern

# **PRINCIPLES**

- Transduction:
  - Fluid transmission of visceral pressure to transducer
  - Weighing voided volumes
- · Amplification, filtration
- Digitization
- · Data acquisition, storage, and display

# HUMAN CYSTOMETRY Urodynamics

- Goals:
  - 1. Ensure low pressure urine storage
  - 2. Characterize size and extent of reservoir
  - 3. Assess emptying function
  - 4. Locate (as possible) control deficits

# **HUMANS vs. RODENTS**

- Rodents do not report sensations (modelling OAB and UAB in rodents make no sense).
- Catheterization
- · Anesthesia/sedation
- Tubing size large compared to bladder
- Infusion rates (and pumps)
- · Voiding mechanism
- Tension vs. Pressure (T = PR/2)

# RODENT CMG -Catheters

- PE 10 PE 60
  - Stiffness
  - Damping of signal
    - Length
  - Diameter
- Placement
  - Trans-bladder
  - Trans-urethral

# HUMAN CYSTOMETRY Urodynamics

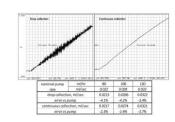
- Pre-built commercial "kits"
- Large-diameter tubing remains small compared to bladder volume
- Separate ports/channels for infusion and pressure measurement
  - Allows use of peristaltic pumps
- · Integrated electronics with little adjustability

# RODENT CYSTOMETRY

- · Data that Can Be Obtained
  - Pressures
  - Volumes
  - Flows
  - EMG
  - Afferent/efferent nerve recordings
  - Estimates of system sensitivity
  - Sphincteric adequacy (maybe)
- · Data that Cannot Obtained
  - Sensations
  - Human-like stress-testing

# **RODENT CMG – Urine Collection**

- When is it needed?
- The Drop Problem
- Our Solution

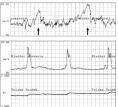


# **RODENT CMG: Electronics**

- Transducers
  - Pressure
  - Volume (weight)
- · Amplifier / filters
- Digitization
  - Sampling rate pressure
  - Sampling rate volume (min 30 Hz)
  - Sampling rate EMG (typical 4000 Hz)
- Data Acquisition/display/storage

# Rodent CMG: Conduct

- Anesthesia
- Surgery
- Positioning
- Run-in and quality control
- PVR measurement
- Data acquisition
- terminate

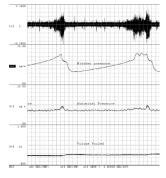


# **RODENT CMG: Conduct / PVR**

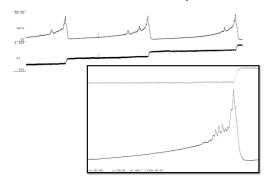
- PVR
- Non-linear pressure/volume filling (compliance) means operational volume range contributes to "compliance" measure
- Post-void suction
- Out vs. In
- Calculated models



# Multichannel Rodent CMG: Output



# **RODENT CMG: Analysis**



# **RODENT CMG: Analysis**

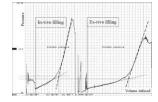
Proposed minimum analysis

- Pressure:
- Basal
  - Voiding Threshold
  - Peak pre-flow
  - (estimated pre-flow peak compliance pressure)
  - End flow
  - (estimated end-flow peak compliance pressure)
- · Volume:
  - Voiding Threshold
  - Voided Volume
  - Estimated/measured PVR

# **RODENT CMG: Analysis**

# Proposed minimal analysis

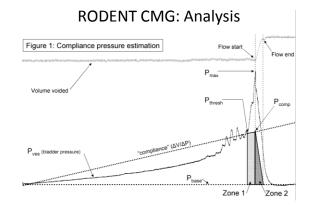
- · Intercontraction interval
- Compliance (1/stiffness)
  - First 10%ile
  - Last 10%ile
  - Curve modelling



# **RODENT CMG: Analysis**

# Voiding analysis

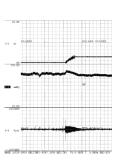
- Pressure
  - Isovolumetric
  - Pressure vs. flow rate curves
- · Area under pressure curve
  - Accounting for Compliance
  - Total curve vs. flow only
- Work
  - Measure of force x volume voided
- Power
  - Measure of force x voiding rate



# **RODENT CMG: Analysis**

# Analyses of potential interest

- NonVoiding Contractions
  - Frequency
  - Amplitude over compliance curve
- IPHFO
  - Frequency
  - Amplitude
- · Pseudoaffective responses
- Power Spectral Analysis



# **REFERENCES**

Smith PP, DeAngelis A, Simon R. Evidence of increased centrally enhanced bladder compliance with ageing in a mouse model. BJU Int 2015

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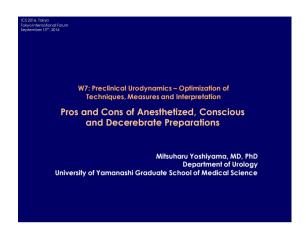
Smith PP, Deangelis AM, Kuchel GA. Evidence of central modulation of bladder compliance during filling phase. Neurourol Urodyn. 2012 Jan-31(1):30-5. doi: 10.1002/gau.21223. Enub.2011.0ct 28. PubMed PMID: 22038779- PubMed Central PMCID: PMC3265612

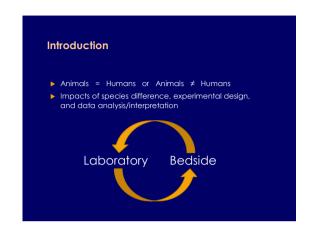
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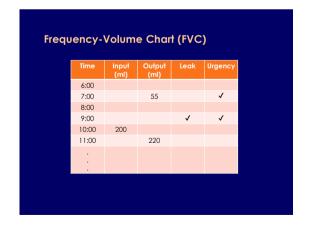
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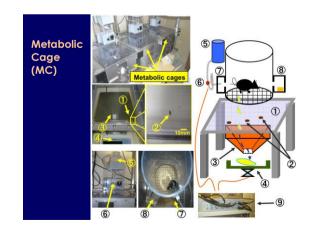
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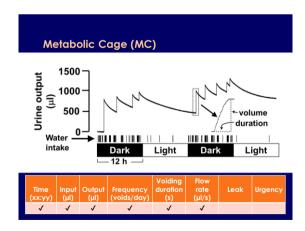
Mitsuharu Yoshiyama, MD, PhD	(5) ICS 2016 T O K Y O
Affiliations to disclose <sup>†</sup> :	
None	
* All financial ties (over the liet year) that you may have with any businessong ansation with respect to the subjects mentioned ouring your presented.	ion
Funding for speaker to attend:	
X Self-funded	
Institution (non-industry) funded	
Sponsored by:	

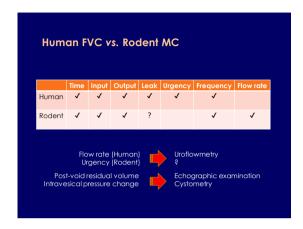


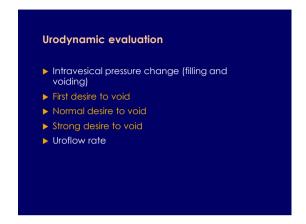


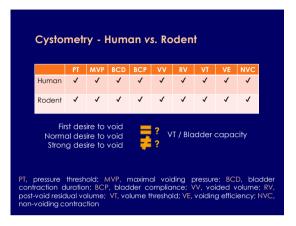


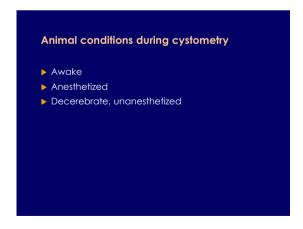


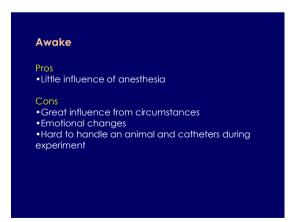






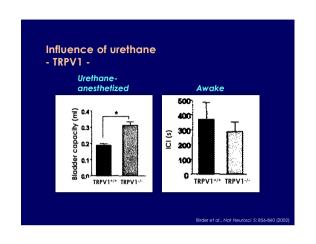


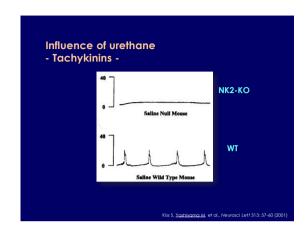


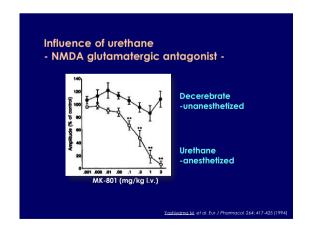




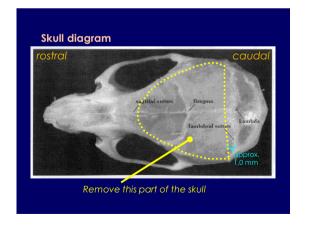
# Pros •Easy to handle an animal and catheters during experiment •No influence of emotion •Little influence from circumstances •Extensity in experimental design (e.g., abdomen opened, route of drug injection) Cons •Pharmacological and physiological interference

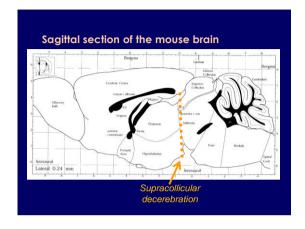




















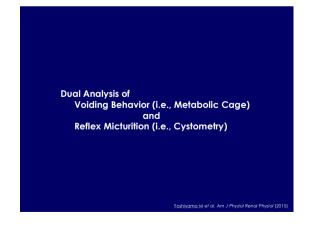


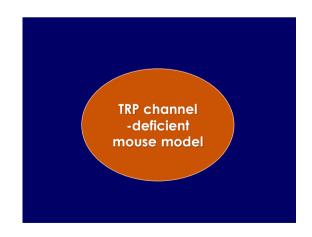


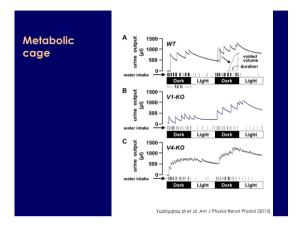


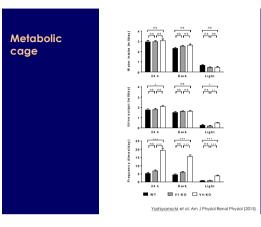


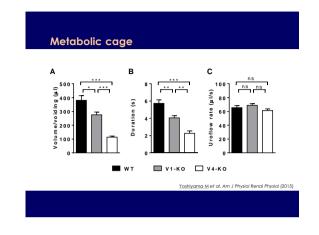


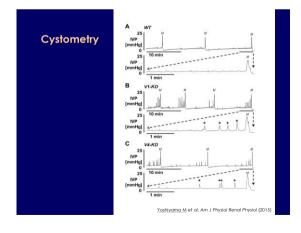


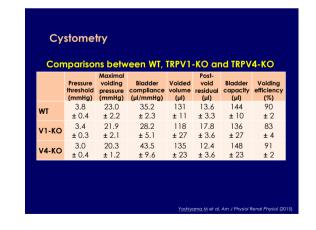


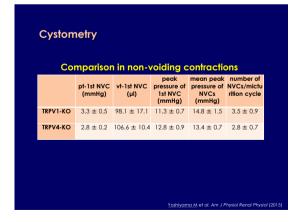


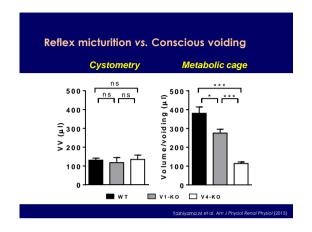


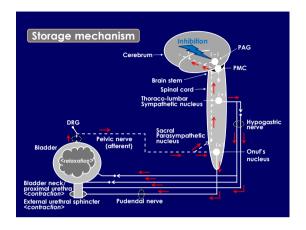


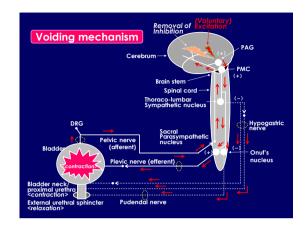


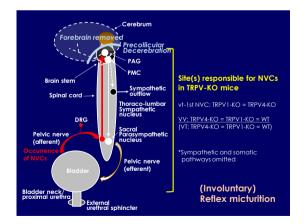


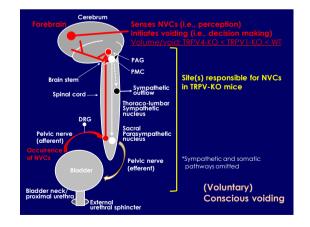


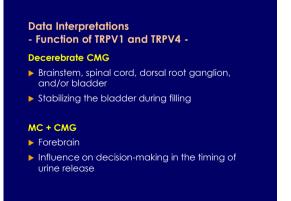




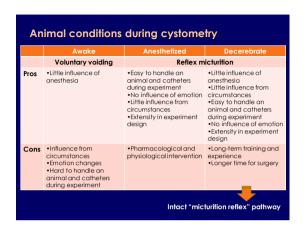












# Designing experiments with knowledge of the pros and cons of each animal model and interpreting the results considering them carefully Conducting multiple types of different experimental models and integrating the results at the interpretation